

Suggested Grades K-5 At Home Learning Schedule

Please use this suggested weekly schedule to organize remote learning and adjust based on your individual and family needs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 hour (total) <ul style="list-style-type: none"> • ELA • Science 	1 hour (total) <ul style="list-style-type: none"> • Math • Social Studies 	1 hour (total) <ul style="list-style-type: none"> • ELA • Science 	1 hour (total) <ul style="list-style-type: none"> • Math • Social Studies 	1 hour (total) <ul style="list-style-type: none"> • Math • ELA
Additional Activities: 30 minutes <ul style="list-style-type: none"> • Reading 1 Music activity	Additional Activities: 30 minutes <ul style="list-style-type: none"> • Reading 1 PE activity	Additional Activities: 30 minutes <ul style="list-style-type: none"> • Reading 1 Art activity	Additional Activities: 30 minutes <ul style="list-style-type: none"> • Reading 1 PE activity	Additional Activities: 30 minutes <ul style="list-style-type: none"> • Reading 1 PE activity

Suggested Grades 6-8 At Home Learning Schedule

Please use this suggested weekly schedule to organize remote learning and adjust based on your individual and family needs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 hours: (pick 1 per day) <ul style="list-style-type: none"> ● English ● Math ● Social Studies ● Science ● Reading (grade 6) ● Spanish (grades 7/8) 	2 hours: (pick 1 per day) <ul style="list-style-type: none"> ● English ● Math ● Social Studies ● Science ● Reading (grade 6) ● Spanish (grades 7/8) 	2 hours: (pick 1 per day) <ul style="list-style-type: none"> ● English ● Math ● Social Studies ● Science ● Reading (grade 6) ● Spanish (grades 7/8) 	2 hours: (pick 1 per day) <ul style="list-style-type: none"> ● English ● Math ● Social Studies ● Science ● Reading (grade 6) ● Spanish (grades 7/8) 	2 hours: (pick 1 per day) <ul style="list-style-type: none"> ● English ● Math ● Social Studies ● Science ● Reading (grade 6) ● Spanish (grades 7/8)
30-45 minutes: (pick 1 per day, if scheduled) <ul style="list-style-type: none"> ● Physical Education ● Health ● Art ● FACS ● Technology ● Math Lab ● Reading Lab ● Writing Lab ● Chorus ● Band ● General Music 	30-45 minutes: (pick 1 per day, if scheduled) <ul style="list-style-type: none"> ● Physical Education ● Health ● Art ● FACS ● Technology ● Math Lab ● Reading Lab ● Writing Lab ● Chorus ● Band ● General Music 	30-45 minutes: (pick 1 per day, if scheduled) <ul style="list-style-type: none"> ● Physical Education ● Health ● Art ● FACS ● Technology ● Math Lab ● Reading Lab ● Writing Lab ● Chorus ● Band ● General Music 	30-45 minutes: (pick 1 per day, if scheduled) <ul style="list-style-type: none"> ● Physical Education ● Health ● Art ● FACS ● Technology ● Math Lab ● Reading Lab ● Writing Lab ● Chorus ● Band ● General Music 	30-45 minutes: (pick 1 per day, if scheduled) <ul style="list-style-type: none"> ● Physical Education ● Health ● Art ● FACS ● Technology ● Math Lab ● Reading Lab ● Writing Lab ● Chorus ● Band ● General Music
30 minutes: (pick 1 per day) <ul style="list-style-type: none"> ● Read a book/article of your choice ● Social-Emotional Learning/Wellness Activities 	30 minutes: (pick 1 per day) <ul style="list-style-type: none"> ● Read a book/article of your choice ● Social-Emotional Learning/Wellness Activities 	30 minutes: (pick 1 per day) <ul style="list-style-type: none"> ● Read a book/article of your choice ● Social-Emotional Learning/Wellness Activities 	30 minutes: (pick 1 per day) <ul style="list-style-type: none"> ● Read a book/article of your choice ● Social-Emotional Learning/Wellness Activities 	30 minutes: (pick 1 per day) <ul style="list-style-type: none"> ● Read a book/article of your choice ● Social-Emotional Learning/Wellness Activities

LLA Office Hours by Department (Grades 6-8)

These hours are subject to change. Please check in with individual teachers.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-10am	Spanish English / Reading Lab Chorus	Spanish English / Reading Lab Chorus	Spanish English / Reading Lab Chorus	Spanish English / Reading Lab Chorus	Spanish English / Reading Lab Chorus
10-11am	Math Science Band General Music Self-Contained SPED	Math Science Band General Music Self-Contained SPED	Math Science Band General Music Self-Contained SPED	Math Science Band General Music Self-Contained SPED	Math Science Band General Music Self-Contained SPED
12-1pm	Art Health FACS Tech	Art Health FACS Tech	Art Health FACS Tech	Art Health FACS Tech	Art Health FACS Tech
1-2pm	PE Social Studies	PE Social Studies	PE Social Studies	PE Social Studies	PE Social Studies

Suggested Grades 9-12 At Home Learning Schedule

Please use this suggested weekly schedule to organize remote learning and adjust based on your individual and family needs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 hours: (pick 1 per day)</p> <ul style="list-style-type: none"> English Math Social Studies Science CTE 	<p>2 hours: (pick 1 per day)</p> <ul style="list-style-type: none"> English Math Social Studies Science CTE 	<p>2 hours: (pick 1 per day)</p> <ul style="list-style-type: none"> English Math Social Studies Science CTE 	<p>2 hours: (pick 1 per day)</p> <ul style="list-style-type: none"> English Math Social Studies Science CTE 	<p>2 hours: (pick 1 per day)</p> <ul style="list-style-type: none"> English Math Social Studies Science CTE
<p>30-45 minutes: (pick 1 per day, if scheduled)</p> <ul style="list-style-type: none"> Physical Education Health Art Business ROTC Technology Distance Learning Chorus Band WBL (if possible) ENL Spanish 	<p>30-45 minutes: (pick 1 per day, if scheduled)</p> <ul style="list-style-type: none"> Physical Education Health Art Business ROTC Technology Distance Learning Chorus Band WBL (if possible) ENL Spanish 	<p>30-45 minutes: (pick 1 per day, if scheduled)</p> <ul style="list-style-type: none"> Physical Education Health Art Business ROTC Technology Distance Learning Chorus Band WBL (if possible) ENL Spanish 	<p>30-45 minutes: (pick 1 per day, if scheduled)</p> <ul style="list-style-type: none"> Physical Education Health Art Business ROTC Technology Distance Learning Chorus Band WBL (if possible) ENL Spanish 	<p>30-45 minutes: (pick 1 per day, if scheduled)</p> <ul style="list-style-type: none"> Physical Education Health Art Business ROTC Technology Distance Learning Chorus Band WBL (if possible) ENL Spanish
<p>30 minutes: (pick 1 per day)</p> <ul style="list-style-type: none"> Read a book/article of your choice Social-Emotional Learning/Wellness Activities 	<p>30 minutes: (pick 1 per day)</p> <ul style="list-style-type: none"> Read a book/article of your choice Social-Emotional Learning/Wellness Activities 	<p>30 minutes: (pick 1 per day)</p> <ul style="list-style-type: none"> Read a book/article of your choice Social-Emotional Learning/Wellness Activities 	<p>30 minutes: (pick 1 per day)</p> <ul style="list-style-type: none"> Read a book/article of your choice Social-Emotional Learning/Wellness Activities 	<p>30 minutes: (pick 1 per day)</p> <ul style="list-style-type: none"> Read a book/article of your choice Social-Emotional Learning/Wellness Activities

AHS Office Hours by Department (Grades 9-12)

These hours are subject to change. Please check in with individual teachers.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-9 am	Social Studies Art Music	Social Studies Art Music	Social Studies Art Music	Social Studies Art Music	Social Studies Art Music
9-10 am	English ENL PE	English ENL PE	English ENL PE	English ENL PE	English ENL PE
10-11 am	Math Spanish	Math Spanish	Math Spanish	Math Spanish	Math Spanish
12-1 pm	Science Health ROTC	Science Health ROTC	Science Health ROTC	Science Health ROTC	Science Health ROTC
1-2 pm	Business Technology Special Education-Self Contained	Business Technology Special Education-Self Contained	Business Technology Special Education-Self Contained	Business Technology Special Education-Self Contained	Business Technology Special Education-Self Contained